

Post 18 Series

- Planning for transition to adulthood

(This factsheet is suitable for Young People (YP), parent/carers and professionals)

I have an EHCP, what are my options when I am 18?

- ❖ If you have an EHCP, the additional learning support tutors at your college and/or your SENAT SEND Officer (and your parent/carer if you'd like to involve them, too) can help you to plan what to do next.
- ❖ You will formally discuss your plans during your EHCP annual review meeting.
- ❖ If you choose to stay in education, your EHCP will continue if SENAT agree that it is still appropriate.
- ❖ If you want to stay in education but SENAT decide to stop ('cease') your EHCP, you will have the right (and 2 months) to appeal this decision if you wish to.
- ❖ Some young people with an EHCP choose to do a Supported Internship. You can read about this in our [Supported Internships factsheet](#).
- ❖ If you decide to apply for an apprenticeship, you may be able to keep your EHCP and do an accessible apprenticeship. First, you will need to [find an apprenticeship](#) you'd like to apply for. You can also speak to your SENAT SEND Officer for guidance.
- ❖ If you get a job your EHCP will end but you can still apply to [Access to Work](#) for help getting and staying in work.
- ❖ If you went to a special school, here's our [Moving On from Special School](#) factsheet.

I do not have an EHCP, what are my options when I am 18?

Think about what you might like to do next...



Do you want to stay in education?

- ❖ If you want to continue studying, education is free in the UK until you are 19. For students aged 19 and over doing full-time and part-time level 1 to 3 qualifications, [Further Education Grants](#) are available to cover tuition fees.

Do you want to get a job?

- ❖ If you want to get a job but you feel that you might need support for the interview and/or at work, you can apply to [Access to Work](#) for help getting and staying in work.
- ❖ The [National Careers Service](#) website provides lots of information and advice to help you find the right job or training course.

Do you need help with your daily activities?

- ❖ If you feel you need assistance with day-to-day, you can check if you are eligible for [help from social services](#) (for example, some young people have a social worker). See 'further information' (below) to find out how to request a social care assessment.

Will my EHCP transport continue when I attend somewhere else?

- ❖ Travel assistance provided by West Sussex County Council will **not** automatically continue.
- ❖ You must apply for post-19 transport assistance **every year**.

- ❖ Transport applications open at the beginning of May each year and the deadline for applying is usually by the end of June.
- ❖ If you need advice about post-19 transport, you can contact the Post-19 Travel Team by email at Post19Travel@westsussex.gov.uk or phone on 0330 2224166.

I am NEET* Who can help me to decide what to do next?

- ❖ If you are not in education, employment or training this is known as ***NEET**. West Sussex Careers Service can sometimes help young people who are NEET. There may be a waiting list to speak to them; here's [how to find out more](#).
- ❖ If you used to have an EHCP, you could also contact your SENAT SEND Officer for advice.

Further information:

- ❖ If you have an EHCP you can plan your next steps with your SENAT SEND Officer and the learning support coordinator of your college or sixth form.
- ❖ The annual review meeting of your EHCP is your formal opportunity to say what you'd like to do next.
- ❖ [Supported Internships](#) (national info) and local information: [West Sussex Local Offer](#)
- ❖ [Access to Work](#) helps people with additional needs to get and stay in work.
- ❖ How to [request an adult social care assessment](#)
- ❖ [National Careers Service](#) via phone (0800 100 900), [email](#) or [online chat](#).

Any questions? If so, contact us at SENDIAS (cyp.sendias@westsussex.gov.uk) and we will advise you if we can. If we don't know the answer, we will signpost you to another service who can advise you.



Service Statement

The role of the SENDIAS service is to ensure all parents, children and young people have access to impartial information, advice and support so they can make informed decisions related to their situation. Any information that is shared with the service is in confidence unless permission has been obtained to share this with any individuals, services and agencies that may be able to help in the circumstances. For more detail, view our [policies and privacy notice](#) on our website.

How to contact us: Tel: 0330 222 8555 / Email: send.ias@westsussex.gov.uk or cyp.sendias@westsussex.gov.uk (up to age 25) / Website: www.westsussexsendias.org

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