



Welcome to our 2018 Autumn Term Newsletter

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Extratime Family Funday

Autumn term has come around again already! I hope all is going well so far this school year for your families, whether that be pupils/students or teachers/lecturers.

You may be aware that we are currently under contract with the National Children’s Bureau, as part of fulfilling their IAS Programme (IASP). The IAS Programme started in June 2018 with the aim of ensuring that in every local authority area, children and young people with SEND (special educational needs and/or disabilities) have access to impartial information, advice and support services which meet a set of minimum standards based on statutory requirements.

In West Sussex, we are working in partnership with the West Sussex Parent Carer Forum and will be using this opportunity to get further feedback about what families need/want in the way of information, advice and support. We will also be able to report on what we have done since the last review in 2015.

If you would be interested in coming to one of the drop in workshops to contribute to this, then please save the following dates:

Tuesday 13th November - south of the county
Thursday 15th November – north of the county

There is more information about IASP and the content and venues of the workshops on the Local Offer at goo.gl/GvMbQW so please keep a look out and join us for the workshops if you can.



Heather McIntosh
Team Manager
SENDIAS

Emotionally Based School Avoidance Information and Training

Emotionally Based School Avoidance is a broad umbrella term used to describe a group of children and young people who have severe difficulty in attending school due to emotional factors, often resulting in prolonged absences from school. The impact of EBSA on young people and schools is far reaching. Outcomes for young people who display EBSA include poor academic attainment, reduced social opportunities and limited employment opportunities. EBSA is also associated with poor adult mental health.

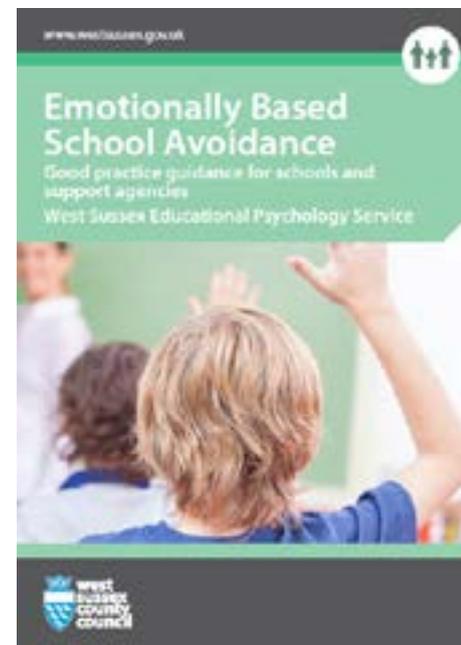
We know that the earlier difficulties are identified and support put in place the more successful we are at developing children and young people's ability to cope with their anxiety and develop their resilience to cope with life's challenges resulting in improved attendance and ongoing life opportunities.

The West Sussex Educational Psychology Service has produced good practice guidance and information leaflets for parents and carers and children and young people. These resources can be found on the Local Offer: goo.gl/AZVs23

To further embed good practice guidance the

Educational Psychology Service have been commissioned to deliver a series of training events for school staff and other professionals to supplement this guidance with practical tools enabling them to work effectively with children and young people and their families.

The training is a whole day free event for practitioners from schools and other services who work with children or their families who have difficulty attending school due to emotional issues. The training will supplement the guidance and provide attendees with further knowledge and skills. Further details about the training and booking guidance can be found on West Sussex Services for Schools: goo.gl/JXbnxB



New SENDIAS Leaflets

We are busy updating our range of SENDIAS leaflets. All our leaflets are available on the Local Offer in the information section and we will be updating them all in the near future. Keep an eye out at goo.gl/mA629b.

Just in case you're not aware we have a number of our leaflets translated into the top 5 non-English Languages in West Sussex and these are also available to download on the Local Offer. The

languages available are Bengali, French, Polish, Portuguese and Tamil.

If you would like more paper copies of the main leaflet, or our other leaflets as they become available then please email us at send.ias@westsussex.gov.uk confirming which leaflet you would like, how many copies and where these should be delivered.

Local Offer update



Based on your feedback we have been reviewing how you find information on the West Sussex Local Offer: www.local-offer.org. I would like to thank everyone who has completed a survey, Facebook

Poll, emailed or attended a meeting and provided their views. It is always helpful to hear what you have got to say.

Key changes include:

Changes	You said	We did
Homepage: Three scenarios to support navigation.	We asked what scenarios you wanted. You suggested you wanted information on a range of topics. Some of you said you weren't sure how this would support the site.	We organised what type of information you wanted into themes: 'Just received/waiting for a diagnosis', 'Education, Health and Care Plans', and 'Need help or support'.
Search bar	You said that if the search improved it could be helpful.	We have improved the search.
Banner across the website	You said you wanted a banner to show new information, events, or awareness weeks.	We are taking on all your suggestions.

You said you wanted to know how to start using services on our Local Offer. Providers have added a contact form where you can ask for more information; some have also completed their 'SEN Information report' which states how you can access the service; or information is within their service summary card on the Local Offer. We continuously review the information you access to ensure this is up to date.

If you have any further comments please email LocalOffer@westsussex.gov.uk

Sussex Police – Pegasus Scheme

If you have speech or communication difficulties, registering for a Pegasus card could help you in an emergency. Anyone who has a disability or illness that may make it hard to communicate with the police in an emergency or difficult situation can register for a Pegasus card. Registering for the Pegasus Scheme is free and any information you give is held securely.

You give Sussex Police your details when you register for a Pegasus card and you will then be issued with a personal identification number (PIN) which can be used when calling the police. If you need to call the police, you tell us your PIN and we can access your details right away. This means that you don't have to spend time giving your name and details and you can quickly get on with telling the police why you called.

The Pegasus Scheme is not just about contacting the police by phone, you can also show your card to a police officer, member of police staff or other emergency services staff if you require assistance in person.

To register or for more information please visit: goo.gl/tXK4aN



Sign up for SENDIAS Newsletter

If you would like to receive a copy of our future newsletters by email please complete the online form at goo.gl/9e6Zzd. It should take less than five minutes to sign up!

We are currently reviewing the way we produce and distribute our newsletter and are considering reducing the number of printed copies to a minimum. If you currently receive paper copies of our newsletter and would be happy to receive future editions by email instead, then please let us know at send.ias@westsussex.gov.uk

Many parent carers, voluntary groups and professionals now receive our newsletter by email, but we know this does not suit everyone so if you would like a paper copy please give us a call on 0330 222 8555.



Admissions Poster

Is your child starting primary or transferring to junior or secondary school in September 2019?

Do you think, for whatever reason, you may struggle with the Admissions process?

If you feel that you may find it difficult to understand or complete the primary and secondary admissions processes, the West Sussex SEND IAS Service can:

- explain the admissions process to you
- help you to make an informed decision about your child's schools of preference
- help you to fill in the online application form.

If your child is starting primary school or transferring to junior or secondary school in 2019 and you feel you would need support in considering your options, or perhaps will need help with the forms, please contact the West Sussex SEND IAS Service:

Helpline: 0330 222 8555

Email: send.ias@westsussex.gov.uk



Secondary School

Online applications open:

Monday 10th September 2018

Deadline for applying for a secondary school place for your child is:

Wednesday 31st October 2018.

Primary School (inc. infant/junior)

Online applications open:

Monday 1st October 2018

Deadline for applying for a school place for your child is:

Tuesday 15th January 2019

For more information on the admissions process: www.westsussex.gov.uk/

extratime
FAMILY FUN DAY
Save the dates!
 For children and young people with and without disabilities, their families & friends.

Entry by donation

Saturday 15th December 2018
 10am – 4pm
 Herons Dale School

Sunday 20th January 2019
 10am – 4pm
 Impulse Leisure Southwick

Sunday 17th March 2019
 10am – 4pm
 Herons Dale School

We look forward to seeing you!

Fully accessible toilets and changing facilities with a hoist are on site. Free parking.

Herons Dale School, Hawkins Crescent, Shoreham-by-Sea, West Sussex, BN43 6TN

Impulse Leisure Southwick, Old Barn Way, Southwick, West Sussex, BN42 4NT

For more information please contact brett.preston@extratimebrighton.org.uk or call us on 01273 420 580

Registered Charity No. 1116203

West Sussex
SENDIAS Service

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 Helpline: 0330 222 8555 Email: send.ias@westsussex.gov.uk

Email for children and young people: cyp.sendias@westsussex.gov.uk



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